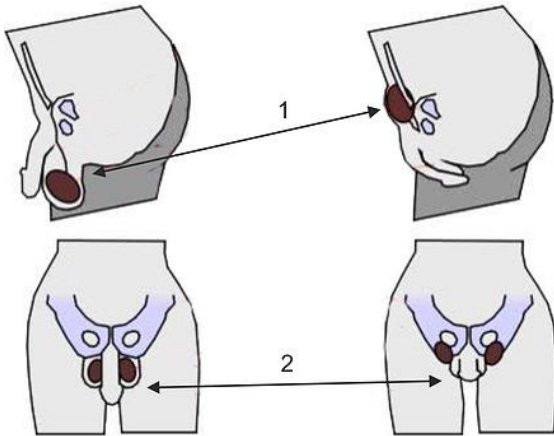


Tucking into the Inguinal Canals



Gaff



Does Tucking Affect Fertility?

Tucking using the inguinal canal method could potentially lead to lower fertility because it keeps the testes* at a higher temperature due to being closer to the body. This may adversely affect sperm production.

More research is needed to fully understand the effects of tucking on fertility and sexual function.

Talk to your provider if you have any questions or concerns about tucking.

**Asterisks are used throughout this brochure to signify that many different words can and are used for these body parts.*

Tucking 101



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What is Tucking?

Tucking involves pushing the testes* into the inguinal canals and pulling the penis* backward between the buttocks. This position can then be secured with either tape or with compression underwear or a gaff. Tucking can also be done without pushing the testes* into the inguinal canals and rather pushing them to the side.

This creates a flat front and can help alleviate dysphoria and help some transfeminine, non-binary, and gender non-conforming people feel more comfortable in their gender expression and identity.

Tape Method: Care & Safety

- Use tape meant for skin, such as medical tape. Duct tape is not recommended.
- Always check the skin for signs of infection or irritation before and after tucking.
- Avoid taping freshly shaved skin, shave 1-2 days before taping.
- Taping will have to be undone to urinate.
- Stop taping if any pain occurs.
- Covering the penis* with gauze or toilet paper before taping can help prevent infection or injury to the skin.

Gaff Method: Care & Safety

- A gaff is a specially designed garment that can be worn with or without tucking. Gaffs are compression underwear that help achieve a flatter look.
- Make sure to get the right size gaff and avoid wearing a size too small.
- Tucking with a gaff is often considered a more comfortable way to tuck compared to tape.
- Origami Customs is a popular place to purchase gaffs.