Tucking into the Inguinal Canals

Does Tucking Affect Fertility?

Tucking using the inguinal canal method could potentially lead to lower fertility because it keeps the testes* at a higher temperature due to being closer to the body. This may adversely effect sperm production.

More research is needed to fully understand the effects of tucking on fertility and sexual function.

Talk to your provider if you have any questions or concerns about tucking.

*Asterisks are used throughout this brochure to signify that many different words can and are used for these body parts.
**What is Tucking?**

Tucking involves pushing the testes* into the inguinal canals and pulling the penis* backward between the buttocks. This position can then be secured with either tape or with compression underwear or a gaff. Tucking can also be done without pushing the testes* into the inguinal canals and rather pushing them to the side. This creates a flat front and can help alleviate dysphoria and help some transfeminine, non-binary, and gender non-conforming people feel more comfortable in their gender expression and identity.

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<tr>
<th><strong>Tape Method: Care &amp; Safety</strong></th>
<th><strong>Gaff Method: Care &amp; Safety</strong></th>
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<tr>
<td>• Use tape meant for skin, such as medical tape. Duct tape is not recommended.</td>
<td>• A gaff is a specially designed garment that can be worn with or without tucking. Gaffs are compression underwear that help achieve a flatter look.</td>
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<td>• Always check the skin for signs of infection or irritation before and after tucking.</td>
<td>• Make sure to get the right size gaff and avoid wearing a size too small.</td>
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<td>• Avoid taping freshly shaved skin, shave 1-2 days before taping.</td>
<td>• Tucking with a gaff is often considered a more comfortable way to tuck compared to tape.</td>
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<td>• Taping will have to be undone to urinate.</td>
<td>• Origami Customs is a popular place to purchase gaffs.</td>
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<td>• Stop taping if any pain occurs.</td>
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<tr>
<td>• Covering the penis* with gauze or toilet paper before taping can help prevent infection or injury to the skin.</td>
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