

Where to buy injection supplies

- Family Tree Clinic - we sell supplies for 25¢ per syringe and needle
- Some pharmacies sell injection supplies without a prescription (call your pharmacy to ask)
- Online in bulk: medical sites such as Medlab Gear, GPZ Med Lab, Allegro Medical, etc. or Amazon
 - Make sure to buy the right gauge and length of needles and that they come sterile in single packaging.

FREE injection supplies available at:

Red Door Clinic syringe exchange

Health Services Building, 525 Portland Ave, 4th Floor,

Minneapolis, MN 55415 (612-543-5555)

Mon-Wed 8am - 4pm, Thurs 10am - 4pm, Fri 8am - 4pm

Rainbow Health Mainline syringe exchange

All God's Children Metropolitan Community Church 3100 Park

Ave, Minneapolis, MN 55407 (612-919-7788)

Mon 1pm-5pm, Thurs 2pm-5pm &

Fri 10am-2pm

Southside Harm Reduction

(will deliver within Minneapolis or meet on the city border)

Text 612-615-9725 before 2pm the day you want delivery.

Operates 2pm - 8pm Mon-Wed

Sharps Disposal Guide



1919 Nicollet Ave
Minneapolis, MN 55403
612-473-0800

What are sharps containers?

A sharps container is a safe, puncture resistant plastic container to put used sharps (needles and syringes) after you are done with them. You can either purchase a sharps container or make your own.

Official sharps container



Alternative homemade sharps containers



An alternative sharps container should be:

- Made out of heavy-duty, puncture resistant plastic such as a laundry detergent bottle
- Able to sit upright
- Have a leak resistant cap that screws closed completely and sharps cannot come out (tape the cap closed before disposal to make sure it is secure)
- Labeled with "contains sharps do not recycle" on the outside

Do NOT use plastic bags, ZipLoc bags, metal or glass containers, or thin plastic such as water bottles/milk jugs, etc.

Where to buy sharps containers

- Family Tree Clinic - \$5 for larger size (5 quart) or \$3 for smaller size (1 quart)
- Online: Amazon, Stericycle, and usually any online medical supply sites where you can buy syringes/needles. They range in sizes from 1 quart to multiple gallons.
- Over the counter at pharmacies/drug stores (call your pharmacy to ask or check their website)

How to safely dispose of sharps containers

Label - Use a marker to label the container "CONTAINS SHARPS DO NOT RECYCLE" if using an alternative sharps container. Official sharps containers do not need to be labeled.

Dispose of the container when it is $\frac{1}{2}$ to $\frac{3}{4}$ full.

Bring to a safe sharps disposal location such as:

- Family Tree Clinic
- Some pharmacies (call your pharmacy to ask)
- A syringe exchange
- Your county's recycling/waste center (proof of residency will be required)
- Mail in programs - some sharps containers are sold with a box and return label to mail back the sharps container for disposal once full.
- Find disposal options near you at safeneedledisposal.org
- Do NOT dispose of sharps or sharps containers in the trash, recycling, or toilet.