



Insurance and Prescriptions

MNSure

- MNSure (mnsure.org) is the website and marketplace where Minnesotans can apply for state insurance or purchase private plans off the exchange.
 - Medical Assistance (MA) - State insurance with an income limit of \$1,506*/month pre-tax
 - MinnesotaCare - State insurance with an income limit of \$27,180*/year pre-tax

*These numbers are for single tax filers. The income limits will change if you are married or have children. You can find the full income guidelines chart at mnsure.org under the “financial help” tab.

- MA and MinnesotaCare are no cost to low cost plans that can be applied for year round. They cover mostly all medical care including hormones, mental health therapy, and some gender affirming surgeries as well.
- You can find more details about eligibility requirements and apply for these programs at mnsure.org, or a MNSure navigator at Family Tree Clinic can help you apply. Email max@familytreeclinic.org or call 612-454-0738 for navigation help.

BCBS Gender Services

- For folks that are insured through Blue Cross Blue Shield (BCBS) of Minnesota, they have a gender services consultant who can help answer gender-related care questions, connect to health plan benefits, understand coverage, and find the right doctors and care.
 - Contact info:
Alex Jackson Nelson, MSW, LGSW (he/him) - proficient in ASL
Phone: 651-662-8511
Email: gender.services@bluecrossmn.com

Please note this is only for folks who have BCBS of MN insurance, not for BCBS of other states.

See back of this sheet for GoodRX prescription information.



GoodRX

GoodRX is a website and mobile app where you can get discounts on your prescriptions, including hormones! Visit their website goodrx.com or download the GoodRX mobile app for iOS or Android to look up your prescriptions. GoodRX is:

- Free, there is no cost to use GoodRX coupons (there are paid options for additional savings, but anyone can use the free version)
- Easy to use, you don't need to create an account or link any information
- Reusable, you can use the same coupon each time you go to the pharmacy
- GoodRX is not insurance. It can be used instead of insurance at the pharmacy and is designed to help reduce costs of prescriptions if you are uninsured or do not want to use insurance