



Family Tree Clinic

1619 Dayton Ave #205 St. Paul, MN 55104



Big news inside this issue!

DOUBLE YOUR IMPACT – we have a \$10,000 match!

When you give on November 19th, your donations are twice as powerful.

It's a great way to **do the most** with your charitable giving.

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Building a Better Tomorrow

Family Tree Clinic's new facility will have the capacity to serve an additional 10,000 people a year!

Almost fifty years ago, a group of community activists came together to address a need for sexual health care in St. Paul, MN. Those activists held a vision for a world in which people have true access to reproductive and sexual health care and education, and no one is turned away due to an inability to pay.

Informed by our founding vision and buoyed by the many people who have brought us to this point, today Family Tree provides individualized, affirming, respectful sexual health care and education to over 22,000 people a year. Family Tree has grown significantly over the last several years. We've transformed in partnership with and in response to our communities. We are listening and learning every step of the way. And we are taking a big and exciting leap.



The new waiting room is filled with natural light

We are thrilled to share with you, our dear community, a vision that is 50 years in the making. We are building a new trauma-informed, environmentally conscious, art-infused, community-powered medical clinic and education center at Franklin and Nicollet in Minneapolis. We begin construction in November 2020 and anticipate opening our doors in late fall of 2021.

In this new building we will have capacity to reach an additional 10,000 people a year, intentionally grow our high-impact programs, expand our partnerships, and continue systems change as a national leader in inclusive and affirming sexual health care and education. [continued next page...](#)



The building is designed to provide much needed space for collaboration and community partnership

651-645-0478

FamilyTreeClinic.org

Building a Better Tomorrow continued...

The new location at 1919 Nicollet Ave is in one of our fastest-growing patient zip codes. It is centrally located near major freeways, accessible by mass transit, and in a bikeable and walkable part of Minneapolis.

We are committed to serving all of our communities on both sides of the river as well as our patients who travel from all over the state and the Upper Midwest to get care and services at Family Tree. This new facility will expand our ability to serve folks from all over!

This new home will be an opportunity to powerfully and positively impact our communities in a physical environment designed by and for us.

We want to assure you that we will remain open in our St. Paul location right up until we open the new facility. There will be no disruption to services or programs in this process.

We are so excited to share this news with you and so profoundly grateful for your support. Thanks to our generous supporters we are 77% towards our Capital Campaign goal. We look forward to keeping you updated on our progress and celebrating more milestones with you in the coming months! 🌱

To learn more about our new building and how you can make a difference go to PowerToBuild.org or contact Alissa Light, Executive Director, alight@familytreeclinic.org

Telehealth Increases Access

Your donations help ensure a safer environment for patients and staff during the pandemic.

The COVID-19 pandemic has made so many aspects of our lives more complicated. A trip to the clinic, which may have already been challenging, has been made even more difficult by transportation issues, facing increased risk due to racism and oppression, no longer having insurance due to job loss, and more.

Providing access to responsive, affirming, person-centered medical care via telehealth has been critical for Family Tree's community in this moment and has tremendous opportunity to increase access for years to come.

Your donations made it possible for our clinic team to get telehealth up and running at Family Tree in less than two weeks this past April. Since then, over 1,350 people have made telehealth appointments, allowing patients to safely access health care from the comfort of their own space.

Thanks to you, our clinic team can deliver telehealth services and provide health care access for our communities safely and with intention and connection. 🌱



Our Medical Director, Jen Demma

This year our Medical Director, Jen Demma, was accepted as a Fellow of the American College of Nurse-Midwives.

Fellowship in the American College of Nurse-Midwives is an honor bestowed upon midwives whose demonstrated leadership within the organization, clinical excellence, outstanding scholarship, and professional achievement merit special recognition both within and outside of the midwifery profession. Congratulations, Jen! 🌱

Building Intentionally



Our new location is designed with patients' physical and mental health in mind

We understand that each patient's life experiences impact their health. The new building is designed, with community input, to be bright, easy to navigate, and trauma-informed. 🌱



77% TO GOAL

We've come a long way, and we need your help to reach our goal! Every gift makes a difference. Learn more at PowerToBuild.org or contact Alissa Light, alight@familytreeclinic.org

A Force for Good

Family Tree Volunteer Karlyn and her son Jack, a KiSS graduate, tell us what is behind their support of Family Tree Clinic.

How did you first get connected to Family Tree Clinic?

K: I first heard about Family Tree many years ago from a friend who worked there. I started volunteering at Family Tree in 2019.

J: I was part of the KiSS LGBTQIA Peer Sex Ed Program this summer. KiSS was nothing like the sex ed classes at my school! I learned in depth about reproductive and disability justice, healthy relationships, pleasure, anatomy, STIs, contraception and abortion, and how to share this information with my peers.

Why do you support our work?

K: It's so important that people from all backgrounds, and people of all sexes, genders and sexual orientations have a clinic staffed by folks who love and respect them just as they are. Family Tree centers the needs of people who are at the margins so that we all can thrive.

J: I love that Family Tree is moving to Minneapolis to be closer to a community that they serve. I'm also impressed by the Deaf/Hard of Hearing services at Family Tree.



A photo of Jack posing with the set of supplies he received for his KiSS peer sex educator training

What's one thing you want others to know about Family Tree?

K: The staff at Family Tree is exceptional and our donations fund their work. Dr Leonardsmith is highly regarded among parents of trans kids (we talk). The KiSS curriculum, developed by Lindsey and Tatum and taught by Jordyn and Eli, is the best. And this year medical director Jen Demma was nationally recognized by her colleagues for her expertise in trans healthcare. Family Tree is a small but mighty clinic and a force for good in the community.

J: Yes to all that! [snaps] 🌱