



ANNUAL REPORT

2021



**FAMILY TREE
CLINIC**

1919 Nicollet Avenue
Minneapolis, MN 55403

Letter from the Board

The year 2021 was a landmark year for Family Tree Clinic for so many reasons! In the midst of the ongoing pandemic, the continued injustices affecting BIPOC and Trans communities and the general fatigue affecting people on what seems to be a global level, the staff at Family Tree have continued to amaze us on the Board of Directors, and we are so proud of the ways staff have carried on serving community with integrity for our mission and vision.

One of the big steps to note is that we built a beautiful new clinic and education center in Minneapolis and moved in the fall! After much intentional and collaborative work with input from hundreds of patients, staff, Board and community stake-holders, the new 16,545 sq.ft. turned out incredibly. The trauma-informed, light-filled, accessible new building opened to patients in November 2021 and operations have continued to move along as everyone adjusts to the change. If you're in the neighborhood, swing by to see all of the gorgeous artwork created by community muralists on the exterior of the building!

Not only did we say goodbye to the old building that has held so many memories and helped us grow to be the place we are now, we also were in preparations for transition of executive leadership. With very thoughtful planning from Alissa Light, E.D., the Board-led Search and Transition Committee dove into a months-long process of examining our vision for future leadership at Family Tree. Engaging with staff, community and Board, the committee prioritized finding a leader with skills and experience to guide Family Tree through this next phase of growth and expansion of services, who can be a champion for racial justice and LGBTQIA rights and who can be a grounding presence as staff and community continue to settle into the new space.

Throughout it all, I'm delighted to say that Family Tree has remained true to its roots - we are a place for sexual health and education services. We exist to meet community needs, and we center on people traditionally excluded from major medical systems. That has been the case for the past 50 years, and hopefully for decades yet to come. Thanks for your support - we're eager to build a beautiful future together.

In solidarity,
~sally nixon, Board Chair

Mission and Vision

Family Tree Clinic's mission is to cultivate a healthy community through comprehensive sexual health care and education.

Family Tree Clinic's vision is to eliminate health disparities through innovative, personalized sexual health care and education for diverse needs.

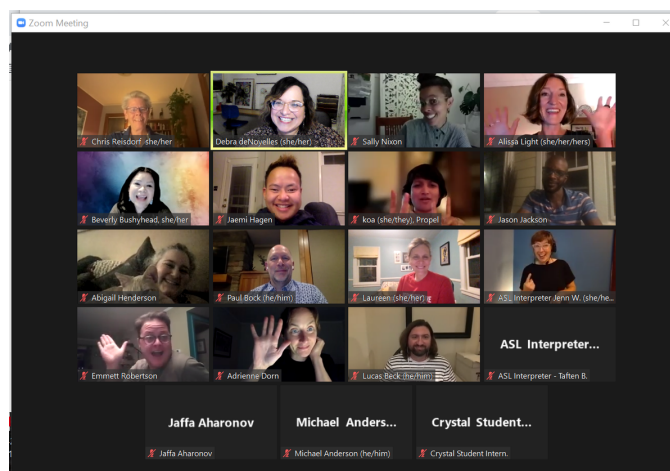
2021 Board of Directors

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Paul Bock
Beverly Bushyhead
Adrienne Dorn
Jaemi Hagen
Laureen Tews Harbert
Abigail Henderson
Jason Jackson
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Core Value Statements

Commitment to furthering social and reproductive justice: We strive for and demonstrate a conscious awareness of cultural markers and lenses related (but not limited) to race, ethnicity, country of origin, religion, family narrative, gender identity, immigration status, gender presentation and expression, sexual orientation and expression, mental and physical ability, size, class, age and sex positivity; we center justice lenses in our daily work and long-term goals.

Mission-focused: We convey passion for our mission with an understanding that our work evolves over time and that there are many ways we accomplish our collective goals; our workplace environment and culture reflect our mission.

Collaborative and accountable: We are mindful of our differences and strive for self-awareness, accountability to colleagues, patients, clients and community members and value acknowledging our mistakes with a commitment to learn from them.

Direct and respectful: We are honest, candid and straight-forward in a way that acknowledges the power of our words and actions, assuming the best intentions when engaged in difficult conversations where we demonstrate respect for each other, uphold workplace standards and Family Tree's mission in all our interactions.

Contact us!

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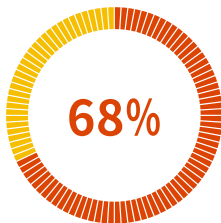
To see full financials for 2021, please download our 2021 financial report under the About menu on our website

Core Programs

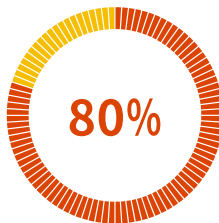
We work toward our mission and vision by providing medical reproductive and sexual health services; limited primary care; culturally responsive services to the lesbian, gay, bisexual, transgender, and queer (LGBTQ) community; sexual health education programming; health education services for Deaf, DeafBlind and Hard of Hearing (DDBHH) communities; the MN FAMILY PLANNING + STD hotline, which includes web chat and text services (1-800-78-facts/sexualhealthmn.org); Community Engagement programming that works to clear pathways for people to access health care; and by working through collaborative partnerships with other service organizations.

We serve patients who have been marginalized by major medical systems.

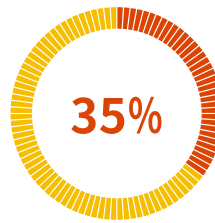
Specific to 2021
patient data:



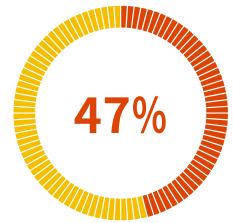
Identify as
LGBTQ+



Between
ages 16 - 35



Identify as
BIPOC

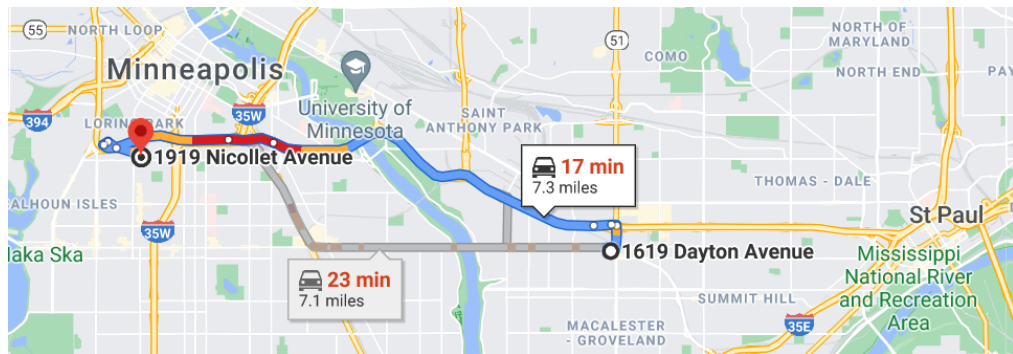


Live within the federal
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Accountability Seals 2021



In November 2021 we moved into our gorgeous new people-powered building!



MOVING
DAY
NOV
2021



History, Program Goals, and Accomplishments

Building on 50 years of history and dedication, in 2021 Family Tree is a regional and national leader in inclusive sexual health care and education. Fifty years ago, the St. Paul community came together to create Family Tree Clinic, and today Family Tree honors that legacy by operating as a community-based nonprofit clinic, and - at the grassroots level - an integral part of the community's long-term health care solution.

Family Tree Clinic's strategic plan has key goals of: 1) Provide national leadership focused in education, advocacy and policy on sexual health care; 2) Reduce health disparities through accessible, sex positive health care and education; 3) Expand services and programs to better connect the community with coordinated, quality care and education grounded in sexual and reproductive health; and 4) Increase Family Tree Clinic's organizational capacity to successfully carry out its work. These long-term goals include specific strategies to increase Family Tree's ability to serve current and new clients, leading the organization to expand medical services multiple times in order to offer acute primary care, a hormone care program for gender affirmation, and PrEP for HIV prevention.

Today we serve over 23,000 people in a typical year through our core programs, and are an established statewide and regional leader in the field of LGBTQ Health Equity and Inclusive Care Models. Family Tree offers one of the only sliding-fee scale, informed consent Hormone Care Programs in the state. Patients in this program come from the 7-state upper Midwest region and Canada to receive care at Family Tree. Trans folks choose our program for many reasons - we often hear that this is the only clinic where they feel safe, seen, respected, affirmed and like they are partners in their care.

Family Tree Clinic provides preventive primary medical care services, with a focus on reproductive and sexual health care. Medical services include pap smears and annual preventive exams; colposcopy and breast/chest exams; mammogram referrals; menopause care; STI testing and treatment; HIV care including screening, testing, and PrEP for HIV prevention; treatment for UTI's and other infections; preconception counseling; pregnancy testing and all-options counseling; acute primary care including upper respiratory infections, skin conditions, and immunizations; smoking cessation; and an informed consent trans hormone care program. Patients may pay for these services using insurance, government assistance or grants, or according to Family Tree's sliding-fee scale. To ensure equitable access to our health care services for our traditionally marginalized patient base, we do not turn anyone away for inability to pay. Family Tree provides services primarily to individuals in the 7-county metro, with nearly 60% of patients residing in east metro counties of Ramsey, Washington, and Dakota.

Family Tree Clinic's target populations are low-income individuals experiencing health disparities, individuals who are uninsured or underinsured, women and teens in need of high quality reproductive health care, individuals facing barriers to accessing care due to fear, inadequate transportation and lack of cultural competence, LGBTQ community members, Black, Indigenous and people of color, and individuals on public assistance programs.

In 2021, Family Tree Clinic provided 4,681 visits to 2,017 unduplicated patients. Seventy-six percent of patients served were at or below 250% of the federal poverty guidelines and 44% were living at or below the poverty level. Thirty-six percent were uninsured and another 23% were using Medicaid or MNCare. Thirty-seven percent of patients identified as Black, Indigenous, or people of color: 12% African American, 5% Asian, 1% American Indian/Native, 1% Pacific Islander, 11% multiracial, 8% Latinx, 3% Other. Additionally, 42% reported they are transgender or gender non-conforming, and 52% reported they are gay, lesbian, queer, bisexual. Forty-six percent of patients were 25 years old or younger, and another 46% were between 26 and 35 years old.

Our Health Education Program continues to meet crucial needs during the COVID-19 pandemic. Despite the disruption in our education programming caused by the pandemic, the program's impact in the east metro remains strong. The Health Education Department provides in-depth and evidence-based information on birth control options, sexually transmitted infections, puberty, healthy relationships, Parents Are Sex Educators (PASE) programs, and Early Childhood Family Education (ECFE) classes.

Our Community Engagement Department works to directly address barriers to health in Black and brown communities, through educational programs and listening sessions, this impactful department roots into community strengths to center power and health access within communities who traditionally have been overlooked by health care systems.

Three Deaf staff persons fluent in American Sign Language (ASL) run our innovative **Health Education Program for the Deaf, DeafBlind and Hard of Hearing (DDBHH) community**, leading workshops on anatomy, pregnancy prevention, puberty, healthy relationships, self-esteem, sexually transmitted infections, and Parents Are Sexuality Educators (PASE) programs. This is the only program of its kind in the state and possibly the country.

Since 1979, we have operated the Department of Health-funded **MN Family Planning + STD Hotline** (1-800-78-FACTS, www.sexualhealthmn.org), a statewide service providing free and confidential information about STIs, birth control, and family planning.

Each of our activities tie back to a strategic plan goal, and are tied towards the following impact outcomes:

1. Improve health outcomes for individual patients as well as patients' families by increasing access, on a community level, to state programming that provides individuals with the resources they need to access general and sexual health care services.
2. Ensure that patients have control over their own reproductive lives and have the ability to reduce/eliminate unintended pregnancies; contribute to the reduction of unintended pregnancies statewide and within our direct community.
3. Provide integrated health care, including minor illness care, to patients who rely on Family Tree as a compassionate, affirming, and high-quality medical provider.
4. Increase Family Tree's capacity to serve low-income, underinsured, and uninsured patients by supporting enrollment and appropriate compensation from health plans for services provided to eligible individuals.
5. Remain true to the organization's founding commitment to increasing economic access to health care by confirming that the majority of clinical visits are apportioned to low-income patients.
6. Dismantle structural inequities by coupling the highest quality of health care with low-income access.
7. Meet and exceed internal and external quality assurance standards for patient care, further growing our reputation and meeting our ethical obligation to deliver exemplary care with obvious and genuine respect for our patients.
8. Meet our obligations as stewards of the state Hotline program, extending unbiased, accurate, and responsive health care information, responding to individuals in crisis, and improving health care outcomes of the individuals who seek our assistance.
9. Reduce the incidence of STIs among youth and other at-risk community members as evidenced by statewide and regional incidence rates.
10. Reduce instances of sexual violence by implementing comprehensive sexuality education as a strategy for the primary prevention of sexual violence.
11. Become a model for trans health care in the Upper Midwest, with our sliding-scale transgender hormone care program and sexual and minor illness care services.
12. Improve the sexual and mental health of nearly 800 transgender patients seeking hormone care for gender transition.
13. Disrupt the structural inequities and barriers to sexual health care access for DDBHH individuals and marginalized and at-risk youth in the Twin Cities metro region.
14. Multiply the impact of our approach by training health professionals and community partners to engage patients and clients through positive, evidence-based programming.